

Psa 90

אִישׁ־הָאֱלֹהִים לְמֹשֶׁה 1 תְּפִלָּה
the God man of to/of Moses prayer

לָנוּ הָיִיתָ אַתָּה מְעוֹן אֲדֹנָי
to us You were/are You dwelling place Lord

בְּדֹר וּדְרֹר
and generation in generation

2 יִלְדוּ בְּטֶרֶם הָרִים
they were born mountains before

וַתַּחֲלִיל אֶרֶץ וַתִּבֵּל
and world land/earth and You brought forth [through childbirth]

וּמֵעוֹלָם עַד־עוֹלָם אַתָּה אֵל
God You forever until and from forever

3 תָּשָׁב אָנוּשׁ עַד־דָּפָא
You return mankind dust unto

וַתֹּאמֶר שׁוּבוּ בְנֵי־אָדָם
and You say sons of return Adam/mankind

4 כִּי אֶלֶף שָׁנִים בְּעֵינֶיךָ
for one thousand years in Your eyes

כִּיּוֹם אֶתְמוּל יַעֲבֹר
that yesterday like a day it is passing by

וְאֶשְׁמֹרָה בַּלַּיְלָה
and nightwatch in night

שָׁנָה
sleep

5 זָרְמָתָם
You stop them

יַחֲלֹף
it will pass by/on

כְּחֹצִיר
like grass

בַּבֹּקֶר
in the morning

יִהְיוּ
they will be

וַחֲלָף
and it passed by/on

יִצְיֵץ
it flourished

6 בַּבֹּקֶר
in the morning

וַיִּבֶשׁ
and it will be dry

יִמּוּלֵל
it will wither

לְעָרֶב
to the evening

בְּאַפְּךָ
in Your anger

7 כִּי- כָּלִינוּ
we are/have finished for

נִבְהַלְנוּ
we are horrified

וּבַחֲמַתְךָ
and in Your wrath

לְנִגְדְּךָ
to in front of You

עֲוֹנוֹתֵינוּ
our iniquities

[שִׁתָּה]
You have placed

8 (שִׁתָּה)
You have placed

פְּנֵיךָ
Your face

לְמְאוֹר
to radiant light of

עֲלֵמֵנוּ
our hidden/secret thing [sin]

בְּעִבְרַתְךָ
in Your fury

פָּנוּ
they pass away

יָמֵינוּ
our days

9 כִּי כָל-
all of for

כְּמוֹ-הִגָּה
moan just like

שָׁנֵינוּ
our years

כָּלִינוּ
we have finished

10 יְמֵי־ שְׁנוֹתֵינוּ בָהֶם שִׁבְעִים שָׁנָה
year seventy in them our years days of

וְאִם בְּגִבּוֹרֹת שְׁמוֹנִים שָׁנָה
year eighty in greatnesses/strengths and if

וְרָהֲבָם עֲמָל וְאוֹן
and their pride/span labor and trouble

כִּי־ גַז חֵישׁ וְנִעְפָּה
and we fly away quickly it passes away for

11 מִי־ יוֹדֵעַ עֵז אַפָּךְ
Your anger strength of one knowing who?

וְכִירְאֲתָךְ עֲבַרְתָּךְ
Your fury and like fear of You

12 לְמִנּוֹת יְמֵינוּ כֵּן הוֹדַע
declare/teach thus our days to count/number

וְנָבֵא לִבְּב חֲכָמָה
wisdom heart of and let us bring in

13 שׁוּבָה יְהוָה עַד־מָתַי
when? until Yahweh return/relent

וְהִנָּחַם עַל־ עַבְדֶּיךָ
Your servants upon and have mercy/compassion

14 שְׂבַעֵנוּ בְּבֹקֶר חֲסִדֶּךָ
Your covenant faithfulness in the morning satisfy us

וְנִרְנְנָה וְנִשְׂמַחַה בְּכָל־ יְמֵינוּ
and let us be glad and let us shout for joy in all of our days

עֲנִיתָנוּ כִּימוֹת 15 שִׂמְחָנוּ
You humbled/afflicted us like days rejoice/gladden us

רָעָה רָאִינוּ שָׁנוֹת
evil we have seen years

פַּעֲלֶךָ עֲבָדֶיךָ אֶל- 16 יֵרָאֶה
Your deed Your servants unto let it appear

בְּנֵיהֶם עַל- וַהֲדַרְךָ
their sons unto and Your splendor

אֲדֹנָי אֱלֹהֵינוּ עָלֵינוּ נַעִם 17 וַיְהִי
Lord our God upon us pleasantness of and may it be

עָלֵינוּ כּוֹנְנָה יָדֵינוּ וּמַעֲשֵׂה
upon/unto us establish our hands and deed/work of

כּוֹנְנָהּ יָדֵינוּ וּמַעֲשֵׂה
establish it our hands and deed/work of